



MISAWA AIR BASE COVID-19 DIRECTIVE



EFFECTIVE DATE: 2 May 2022

NOTICE: Commanders will implement the below procedures effective as of the above date. Subordinate or tenant commands may make more restrictive guidance but not less restrictive. These restrictions apply to all personnel present on, or assigned to Misawa AB, including but not limited to: US military personnel, US civilian employees, all dependents, DOD retirees, host-nation employees, contractors, and any other persons accessing Misawa AB (Misawa Members). Any military member who fails to comply with this directive may be subject to punishment under the Uniform Code of Military Justice (UCMJ). Those not subject to the UCMJ may be subject to other administrative actions.

SITUATION: Misawa AB has taken measures to protect members of our installation and community through directives and proactive measures to prevent COVID-19 transmission. This directive will be used in conjunction with the “Weekly Hot Spot Annex” and aided pictorially by the “On and Off-Base Activity Guide” Infograph.

TABLE OF CONTENTS

Summary of Changes.....	2
Unit Reporting.....	2
Workplace Flexibility.....	2
Base Access for Visitors.....	3
On-Base Liberties.....	3
Off-Base Liberties.....	4
Official Travel.....	4
Leave/Passes and Unofficial Travel	5
Commercial Travel.....	6
ROM Testing Instructions.....	6
ROM Status.....	7
ROM Definitions.....	9
COVID Testing.....	12
Transient Aircrew.....	14
References.....	15
Pre-Departure COVID-19 Traveler’s Risk Brief.....	16
Pre-Arrival Health Screening (TDY to Misawa).....	17
Notice of Residential ROM.....	18
Notice of Quarantine.....	19
Notice of Isolation.....	20
Increased Health Risk Sign.....	21

Misawa Air Base COVID webpage:

<https://www.misawa.af.mil/COVID-19-Information/>

Kadena Air Base (Okinawa) COVID webpage:

<https://www.kadena.af.mil/coronavirus/>

Yokota Air Base (Tokyo) COVID webpage:

<https://www.yokota.af.mil/COVID-19/>

CDC COVID webpage:

<https://www.cdc.gov/COVID-19/2019-nCoV/index.html/>

DoD Latest Guidance:

<https://www.defense.gov/Explore/Spotlight/Coronavirus/Latest-DOD-Guidance/>

TEAM	CONTACT INFORMATION	I HAVE A QUESTION ABOUT...
Medical COVID Hotline	usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil DSN 315-226-2082 (option 1) Commercial: 0176-77-2082 (option 1)	COVID testing
Contingency Lodging	35fss.fsvs.contingencylodging@us.af.mil DSN 315-226-2503 Stand by: 080-876-9991	Reservations for ROM towers Issues with room in ROM towers Keys for room in ROM tower Check-in/Check-out of ROM towers
35FW COVID Support Cell	35fw.covidcell@us.af.mil DSN 315-226-2082 Commercial: 0176-77-2082	35 FW COVID-19 policies & guidance Yokota-Misawa Shuttle reservations

SUMMARY OF CHANGES

1. (Addition) Visitors without SOFA status MUST ROM off-base.
 - a. Unit Commanders may authorize visitors without SOFA Status to ROM on MAB on a case by case basis with a signed MFR.
2. (Addition) Mask Wear:
 - a. Masks will also be worn on all DoD public transportation that departs USFJ installations (e.g., ITT trips, School field trips and sporting event busses).
 - b. Individuals with COVID-19 symptoms, a positive COVID-19 test, or exposure to a COVID-19 positive individual will wear a mask for 10 days after the exposure, positive test or onset of symptoms.
3. (Addition) Meetings, events and conferences of 50 or more, the meeting organizer will require all attendees to show a completed DD Form 3150 "COVID-19 Certification of Vaccination". When the COVID-19 Community Level is High or Medium, attendees who are not fully vaccinated (or who decline to provide information about their vaccination status) may not attend the event if they do not show the organizer proof of a negative FDA-approved COVID-19 test completed no earlier than 72 hours before the meeting.
 - a. Meetings do not include military training and exercise events.
 - b. Weekly screening tests will meet this requirement.
4. (Addition) Official travel: Supervisors will ensure that the "Pre-Departure COVID-19 Traveler's Risk Brief" is conducted for all members traveling outside the local area as defined in the NOTAM (areas approved for travel but not in exceptions)
5. (Remove) Waiver authority documented in an ETP Memo for travel restrictions of all TDY's taking place completely (all stops) within Japan is delegated to the traveler's sponsoring commander or equivalent.
6. (Remove) TAD/TDY outside of Japan must be approved with an ETP by the first O-6 in the chain of command for all Misawa AB community members.
7. (Addition) Individuals who are not fully vaccinated (or who decline to provide information about their vaccination status) are limited to "mission-critical" travel, both domestic and international per DOD policy. This applies to uniformed personnel, DoD Civilian employees, and contractor personnel (if DoD-funded travel).
 - a. Commanders of service components, direct reporting units and of sub-unified commands are delegated the authority to determine whether travel is mission critical.
8. (Removed) Space-A Travel: The Patriot Express rotator has limited seating and passengers on Official Travel have priority. Space-A is allowed, however it requires approval by an O-6 in the traveler's chain of command, and is still limited to the space available on the aircraft. All Space-A travelers will require COVID-19 testing 1-day prior to travel, which can be obtained following guidance located under COVID testing.
9. (Change) 'Up to Date' vaccinated definition: Within 5 months of completion of an mRNA vaccine series or 2 months of a J&J vaccine dose OR have completed a booster dose.
10. (Change) Positive members will isolate for at least 5 days in their own domicile or Bldg 1935/1936 followed by 2 days of additional installation ROM unless otherwise approved by the PHEO or CMA.
11. (Addition) To leave isolation after day 5, infected individuals must be free of fever without using fever-reducing medications for the 24 hours prior to release and symptoms must be improving and have approval of the 35th Medical Group.
12. (Addition) To be released from restriction to installation, infected individuals must have remained fever-free since release from isolation, developed no new or worsening symptoms, and any remaining symptoms must be improving. If these criteria are not met after day 7, restriction to installation will be extended until criteria are met or until a full 10 days have elapsed since start of symptoms or positive COVID-19 test result.
13. (Addition) The use of public transportation to include the Patriot Express is not authorized for the full 10 days from the start of symptoms or positive COVID-19 test result.
14. (Change) Updated Contingency lodging procedures for ROM and isolation.

UNIT REPORTING

Due to travel changes, tracking can no longer only be accomplished at the Wing level. Units will be responsible for reporting the information indicated below on a weekly basis (**Wednesday**).

1. Units will provide travelers information below to the 35th FW COVID Cell 35FW.covidcell@us.af.mil and kara.n.pelman.mil@mail.mil
 - a. Rank, Name, and Unit.
 - b. Vaccination status.

- c. Member's inbound and outbound dates.
- d. Type of travel (official or unofficial).
- e. ROM location upon return to Misawa AB.
2. Units are required to report any previously unscheduled inbound travelers within 24-hrs of arrival.
3. Members without a sponsoring unit will report their information directly to the 35th FW COVID Cell 35FW.covidcell@us.af.mil and kara.n.pelman.mil@mail.mil within 1 week or earliest notification of any travel.

WORKPLACE FLEXIBILITY

Units will use current Public Health guidance to determine business rules/risk.

1. Optional telework is authorized for personnel, it is not mandatory and up to unit discretion.
2. Customer service lobbies can be opened at unit discretion.
3. Mandatory alternating work shifts are not required and are left at Unit Commander's discretion.

BASE ACCESS FOR VISITORS (OFFICIAL and UNOFFICIAL TRAVEL)

1. All visitors (personnel not permanently assigned to Misawa AB) will comply with USFJ and Misawa AB travel guidance.
2. Visitors who have been in Japan for their prescribed ROM time are not traveling from a restricted area identified in the most current "Weekly Hot Spot Annex," are allowed base access and do not require additional authorization.
3. Visitors who have traveled to any of the restricted "red" areas identified in the "Weekly Hot Spot Annex" (depending on vaccination status), or an installation currently in Health Protection Condition (HPCON) Charlie or higher in the past 7 days, based on their vaccination status requires a Misawa Unit Commander or higher to assess risk prior to approving access to Misawa AB.
 - a. Unit Commanders will utilize the "Pre-Arrival Health Screening (TDY to Misawa)."
 - b. Unit Commanders must coordinate with Public Health for risk assessment prior to approval.
 - c. Unit Commanders are allowed to implement a working ROM as a mitigation measure if risk assessment is elevated.
 - d. Visitors without a sponsoring Misawa Unit Commander should submit requests to the COVID Support Cell (226-2082) and the MSG/CC or MSG/CD will be the approval authority.
4. Visitors who have been outside of Japan in the past 7 days, based on their vaccination status MUST complete ROM as directed in this guide.
5. Visitors with SOFA status may ROM off-base if the level of risk is deemed to be acceptable by the recommendation of the Public Health Emergency Office (PHEO), otherwise they must ROM on Misawa AB.
6. Visitors without SOFA status MUST ROM off-base.
 - a. Unit Commanders may authorize visitors without SOFA Status to ROM on MAB on a case by case basis with a signed MFR.
7. Non-SOFA Contractors: May continue to access Misawa AB solely to fulfill their contractual obligations according to the Misawa AB contractor mitigation plan.
8. All active, activated reserve and guard component personnel (to include DOD civilian and contract personnel IAW their statement of work) deployed or TDY to Japan must be fully vaccinated prior to entry into Japan. This includes operation movement of units, Individual augmentees, and exercise support personnel.
9. Official visitors must complete the DD3150 and if not fully vaccinated will require a COVID-19 test within 72 hours of access to DoD buildings on MAB in accordance with DOD policy when the installation is in a COVID-19 Community Level of High or Medium.

ON-BASE LIBERTIES

1. Active on-base restrictions and gathering limits will be published in the "Weekly Hot Spot Annex."
2. Refer to the following websites for the latest updates:
 - a. Misawa Air Base Facebook page: <https://www.facebook.com/MisawaAirBase/> (primary base updates)
 - b. 35th Force Support Squadron: <https://35fss.com/covid/> (for updated FSS events and program operations and hours)
 - c. Misawa Air Base COVID-19 Information: <https://www.misawa.af.mil/COVID-19-Information/>
3. Mask use and wearing.
 - a. No longer required to wear a mask while indoors or outdoors on Misawa AB regardless of vaccination status.
 - (i) Personnel will continue to wear masks when entering all medical, dental, AMC and JSDAF facilities.
 - (ii) Masks will also be worn on all DoD public transportation that departs USFJ installations (e.g., ITT trips, School field trips and sporting events busses).

- b. **Mask wear off installation is required regardless of vaccination status.**
 - c. Individuals may continue to wear masks on the installation at their discretion.
 - d. Individuals with COVID-19 symptoms, a positive COVID-19 test, or exposure to a COVID-19 positive individual will wear a mask for 10 days after exposure, positive test or onset of symptoms.
 - e. Members will seek and follow mask wear policy when visiting other USFJ installations
 - f. CDC Considerations for Wearing Masks including mask styles that are not recommended for use:
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>
4. Meetings, events and conferences of 50 or more, the meeting organizer will require all attendees to show a completed DD Form 3150 "COVID-19 Certification of Vaccination". When the COVID-19 Community Level is High or Medium, attendees who are not fully vaccinated (or who decline to provide information about their vaccination status) may not attend the event if they do not show the organizer proof of a negative FDA-approved COVID-19 test completed no earlier than 72 hours before the meeting.
 - a. Meetings do not include military training and exercise events.
 - b. Weekly screening tests will meet this requirement.
 5. New arrivals into Japan will:
 - a. Minimize contact with base personnel until receipt of a negative Japan entry COVID-19 test

OFF-BASE LIBERTIES

1. Active off-base restrictions and gathering limits will be published in the "Weekly Hot Spot Annex."
2. **While off USFJ installations, all personnel are required to wear masks at all times while in public as established in previous guidance regardless of vaccination status.**
3. Members will maintain social awareness, avoid large crowds/congested areas, and adjust plans as necessary to avoid exposure risk.
4. Misawa members are authorized to use commercial public transportation throughout Japan unless otherwise restricted in the Weekly Hotspot Annex.
 - a. Members will adhere to the same social distancing and hygiene rules as listed above.
 - b. Common spaces for sleeping overnight in ferries are prohibited for usage.
 - c. Unless specifically identified in the "Weekly Hot Spot Annex," all airport and train stations are authorized for use with the stipulation that members will leave the restricted area as quickly as possible via connecting flight, POV, train, or rental vehicle.
 - d. In high traffic terminals, personnel need to be extra vigilant and maintain social distancing.
5. Public Health recommends Misawa members should minimize contact with Not 'Up to Date' and 'Unvaccinated' persons who have been in restricted areas in the past 7 days. If personnel have known close contact with Not 'Up to Date' and 'Unvaccinated' individuals with recent travel to restricted areas or individuals with symptoms suggestive of COVID-19 infection, they should contact public health or their unit leadership for guidance.
6. Members traveling to other U.S. installations must adhere to all COVID-19 policies of that installation or Misawa AB directives, whichever is most restrictive.
7. While off-base, Misawa AB members will follow guidelines in alignment with the local community or prefecture.

OFFICIAL TRAVEL

1. Individuals who are not fully vaccinated (or who decline to provide information about their vaccination status) are limited to "mission-critical" travel, both domestic and international per DOD policy. This applies to uniformed personnel, DoD Civilian employees, and contractor personnel (if DoD-funded travel).
 - a. Commanders of service components, direct reporting units and of sub-unified commands are delegated the authority to determine whether travel is mission critical.
2. Review your destination's ROM requirements prior to travel.
3. Supervisors will ensure that the "Pre-Departure COVID-19 Traveler's Risk Brief" is conducted for all members traveling outside the local area as defined in the NOTAM (areas approved for travel but not in exceptions)
4. When traveling to the U.S. or Japan testing is required prior to departure for all except previous positive within 90 days and children under the age of 2 (See section on [COVID testing](#) and Results for more details). Members will maintain proof of the negative test during travel. COVID Tests can be obtained by following the guidance located under [COVID testing](#).

- a. Testing may be waived for MILAIR or Space-A flights to Japan if it is not available or cannot be conducted in a timely manner upon approval from the first O-6 in the member's chain of command.
 - (1) The ETP must identify the travelers unable to test and the reason a test was not possible. If an ETP is granted, member is restricted to their destination domicile or residence until in receipt of the first negative COVID-19 test. Individuals will then comply with the remainder of their ROM in accordance with this order.
 - b. Members must bring itinerary/tickets/orders to be tested. If short notice, First Sergeant or Sq CC should notify Medical COVID Hotline (226-2082 Option 1)
5. Service members must remain in contact with their losing commands and MPFs, and immediately inform them of any deviations in travel due to COVID-19.
 6. May require ROM at destination depending on vaccination status or HN requirements.⁽¹⁾⁽³⁾

LEAVE/PASSES AND UNOFFICIAL TRAVEL

1. Leave and passes are authorized as outlined in WEASEL NOTAM – 35FW-16-23 with the following exceptions:
 - a. Locations that would require leave as outlined in the NOTAM must be approved by the Unit Commander or higher in the chain of command.
 - b. Leave in locations OUTSIDE of Japan, to include the United States:
 - (1) Must be approved by the Unit Commander or higher in the chain of command
 - (2) May require ROM at destination depending on vaccination status.⁽¹⁾⁽³⁾
 - (3) May require ROM upon return to Japan unless an ETP has been approved by USFJ
 - c. Leave/pass INSIDE a restricted area identified in the most recent "Weekly Hot Spot Annex":
 - (1) Must be approved by the Unit Commander or higher in the chain of command
 - (2) Will require ROM upon return to Misawa unless an ETP has been approved by the Naval Air Facility Commander for all Navy personnel and the Misawa Installation Commander for all other Misawa AB community members.
 - d. Supervisors will ensure that the "Pre-Departure COVID-19 Traveler's Risk Brief" is conducted for all members traveling outside the local area as defined in the NOTAM (areas approved for travel but not in exceptions)
2. When traveling to the U.S. or Japan testing is required prior to departure for all except previous positive within 90 days and children under the age of 2 (See section on [COVID testing](#) and Results for more details). Members will maintain proof of the negative test during travel. COVID Tests can be obtained by following the guidance located under [COVID testing](#).
3. All ROMs will be a 1-7-days Installation ROM depending on vaccination status, unless otherwise approved in an ETP.⁽¹⁾
4. Members traveling to other installations must adhere to all COVID policies of that installation or Misawa AB directives, whichever is most restrictive.
5. When traveling to the U.S. testing is required 1-day prior to departure for all except those under the age of 2 and previous positive within 90 days (See section on COVID Testing and Results for more details). When traveling to Japan from another country, testing is required within 72 hours of international departure to Japan except for those under the age of two and for those who have documentation of recovery from a previous COVID infection within 90 days of travel.
 - a. Members will maintain proof of the negative test during travel. COVID Tests can be obtained by following the guidance located under [COVID testing](#).
 - b. Testing for flights to Japan may be waived if it is not available or cannot be conducted in a timely manner upon approval from the first O-6 in the member's chain of command.
 - c. Members must bring itinerary/tickets/orders to be tested. If short notice, First Sergeant or Sq CC should notify Medical COVID Hotline (226-2028 option 1)
 - d. Leave authorizations are not considered orders under exemption requirements.
 - e. Leave / Space-A travelers must show proof of negative COVID tests.
 - f. Travelers who have recovered from COVID-19 infection within the past 90 days are required to present:
 - (1) Documentation of positive test result, must state "Positive," "SARS-CoV-2 RNA Detected," "SARS-CoV-2 Antigen Detected," or "COVID-19 Detected."
 - (2) Signed letter on official letterhead containing name address, and phone number of licensed healthcare provider or public health official stating passenger is cleared for travel
 - (3) Documentation and letter personal identifiers (name, birth date) must match other travel documents

COMMERCIAL & PUBLIC TRAVEL

Commercial Travel: Personnel and US contractors (traveling officially and unofficially) may utilize commercial transportation, with the following stipulations:

1. For commercial international travel departing Japan, members will adhere to "Off-Base Liberties para [8.c.](#)"
2. Commercial travel entering Japan will adhere to their vaccination status as indicated below.
 - a. 'Up-to-date' vaccinated: Public transportation is authorized with a negative arrival COVID test result before transiting to and using any additional public transportation.
 - b. 'Not up-to-date' vaccinated and unvaccinated travelers: Public transportation is authorized within 24hrs of arrival with a negative arrival test result, to allow travelers to arrive at their ROM location. Strict COVID mitigation measures must be followed to include mask wear. After arrival to their final destination, public transportation is not authorized during the ROM period.
 - c. Members who have recovered from a previous COVID-19 infection in the past 90 days will follow the ROM requirements of their vaccination statuses except that they will not be required to test unless they arrive to Japan through a commercial airport. If the airport arrival test is positive, the member will be transported to and isolate at Yokota AB until the CMA approves an alternate plan.
 - d. An international entry test (spit test) at a commercial airport will meet the entry testing requirement and travelers **will wait** for their entry test results (approx 1-2hr wait) at the airport before continuing on with any public transportation. If negative, members will receive a COVID test result and will have it readily available for the duration of their travels. Positive members will be transported to Yokota AB and follow the guidance of the CMA.
 - e. When scheduling connecting flights, members should allow an **8 hour** gap between arrival and departing flights to allow for completion of COVID testing and processing through customs and immigration.
 - f. Upon arrival/return to Misawa AB, members must notify their Unit.

NOTE 1: For overnight stays, hotels at or around the airport are authorized with a negative arrival test result in hand before checking in, or please see the Yokota bus schedule to and from the airport at <https://yokotafss.com/vehicle-operations/#bus-schedule> and the Kanto lodges website at <https://yokotafss.com/kanto-lodge/>

NOTE 2: Travel from Tokyo to Misawa AB via POV is authorized within the first 24 hours of arrival for 'not up to date' vaccinated or unvaccinated travelers while on ROM status if the following conditions are met:

- a. The travelers returning to Japan via commercial airport must wait for their entry test (Spit test) results at the airport before continuing on.
- b. Understands the only authorized stops will be for restroom breaks and refueling.
- c. Understands 35 FW COVID Cell will be notified after member's arrival to Misawa.

NOTE 3: For 'not up to date/unvaccinated' travelers who are past 24 hours of arrival to Japan, public transportation is no longer authorized until completion of ROM. Travelers should complete their 3-7 day rom requirements in Yokota AB and contact the COVID Cell at DSN: 226-2082 for additional options.

ROM TESTING INSTRUCTIONS

1. A medical professional will test individuals at their ROM location when:
 - a. Members are in Contingency Lodging and do not have access to their POV.
 - b. There is a special circumstance and prior coordination between the member's leadership and MDG COVID Cell has been made.
2. When arriving into Japan members will receive a COVID test on the day of arrival. Members will be on residential ROM until negative results are received.
 - a. When arriving via rotator: MDG will meet new arrivals at the PAX terminal to obtain tests.
 - b. When arriving via commercial travel: The Airport 'spit-test' will be considered the arrival COVID test.
3. Individuals who have been approved to ROM in their established on/off-base homes and have an operational POV will drive to the MDG tunnel for COVID-19 testing, as directed. Individuals unable to drive their POV due to mechanical issues will coordinate with their Unit Travel Coordinator/First Sergeant to meet the testing window. Individuals will:

- a. Ensure the only personnel in the POV are of the same household and each passenger is in the vehicle for the sole purpose of receiving a COVID-19 test from the 35 MDG.
- b. At the gate, the driver will keep windows rolled up, as much as possible, and present proper identification for base access. If questioned by Security Forces or any other first responder, the driver will exercise discretion and may roll down the window enough to be able to hear and provide responses as needed.
- c. 'Unvaccinated' individuals that require COVID-19 testing will only be authorized to drive or be transported from their ROM location to the MDG tunnel, and proceed directly back to their ROM location. There will be NO stops in between, to include drive-thru restaurants.

4. Instructions for ROM Clearance

- a. The designated Unit Travel Coordinator will transition personnel from Residential/Working ROM to installation ROM and then clear from ROM, based on vaccination status, type of ROM, a negative COVID test and no symptoms develop.
 - b. See ROM Status section below for ROM timelines based on member's vaccination status.
5. If a member becomes symptomatic, they will self-isolate, notify their unit, the Medical COVID Hotline DSN 226-2082 option 1, and Public Health at 226-6116.

6. Instructions for ROM Contingency Lodging Clearance (Bldgs 1935, 1936)

- a. **Email (preferred):** Send an email to 35fss.fsvs.contingencylodging@us.af.mil to request a checkout appointment date.
- b. Complete all checkout requirements listed on the QR code located on the door. All areas MUST be cleaned and disinfected by occupants prior to checkout.
 - (1) A Contingency Lodging representative will arrive at the scheduled time to inspect all rooms. Occupants are required to be physically in the room during the inspection.
 - (2) Once the occupant has passed inspection, the CL representative will collect the room keys and the occupants are released to their sponsors.
- c. **Standby Telephone:** Contact Contingency Lodging 080-876-9991 for any after hour inquiries regarding checking out of contingency lodging

DO NOT leave your ROM location until your unit has released you.

FAILURE TO COMPLY WITH THESE INSTRUCTIONS MAY RESULT IN A DELAYED CLEARANCE FROM ROM

ROM STATUS

Members are directed to complete ROM as stated below, unless otherwise approved by ETP at the appropriate level. ⁽¹⁾

All personnel coming to Misawa AB from the U.S. will ROM in accordance with the Government of Japan travel rules and USFJ policy, regardless of status. Vaccination status of inbound personnel will be reviewed by a unit travel coordinator who has been designated in writing by the unit commander or equivalent. All individuals who choose to perform residential ROM, quarantine, or isolation within their personal residence shall post the Increased Health Risk Sign found at the end of this directive on the exterior of their front door. The purpose of this sign is to avoid unexpected close contact with other Misawa community members. **Children ages 4 and under will incur a ROM and testing requirements similar to their least vaccinated parent or guardian.**

1. **Fully Vaccinated:** An individual vaccinated with an authorized COVID-19 vaccine who is >2 weeks following receipt of the second dose in a two-dose vaccination series, or >2 weeks following receipt of one dose of a single-dose vaccine. The ROM status for fully vaccinated individuals will be determined by whether they are up to date on vaccination or not.
2. **'Up to date' on COVID-19 vaccination:** All DoD uniformed personnel, members of the civilian component, and individuals arriving in Japan from another country, to include individuals on Temporary Duty that are fully vaccinated and up to date on COVID vaccination (within 5 months of completion of an mRNA vaccine series or 2 months of a J&J vaccine dose OR have completed a booster dose) will be restricted to their residence until receipt of arrival testing at the international airport or at the AMC terminal. Personnel arriving in Japan from another country, will not incur a ROM if they have received a negative arrival test. An international entry test (spit test) at a commercial airport will meet this requirement. The following procedures apply:

- a. Up-to-date travelers must be in receipt of negative arrival COVID test result before transiting to and using any additional public transportation to include follow-on domestic flights or trains.
 - b. Travelers returning to Japan via commercial airport must wait for their entry test (Spit test) results at the airport before continuing on with any public transportation.
 - c. All travelers will carry a physical or electronic copy of their vaccination card or other medical record of vaccine administration for verification on arrival.
3. **Not 'up to date' on COVID-19 vaccination after completion of a primary series:** Those who are more than 5 months after mRNA vaccine series completion or more than 2 months after a J&J vaccine dose AND have not completed a booster will be restricted to their residence until receipt of arrival testing at the international airport (spit test) or at the AMC terminal. After a negative test, personnel who are fully vaccinated (but not up-to-date) will be on Installation ROM period of 7 days (168 hrs after arrival in Japan). The following conditions apply during ROM:
- a. Public transportation is authorized, with a negative arrival test result, within the first 24 hours after arrival to allow travelers to arrive at their domicile. Strict COVID mitigation measures must be followed to include mask wear. After arrival to their final destination, public transportation is not authorized during the ROM period.
 - b. Travelers returning to Japan via commercial airport must wait for their entry test (Spit test) results at the airport before continuing on with any public transportation.
 - c. On or after day 3 of ROM individuals may take a viral COVID test and if the result is negative they may end ROM after day 3.
 - d. Asymptomatic Individuals may exit ROM without a viral test after day 7 of ROM, with approval from their unit UTC.
 - e. Personnel residing off-installation, must remain in their domicile or may conduct travel non-stop between their domicile and place of work on a U.S. installation via POV/GOV or cycling/walking during their ROM. Off-installation the use of mass transit is not authorized.
 - f. During the ROM period, fully-vaccinated individuals may have access to all on-installation facilities while maintaining strict COVID mitigation procedures.
 - g. Upon receipt of a negative COVID-19 test in Japan, by either MTF or approved commercial means (to include Japanese testing conducted upon arrival to commercial international airports), essential services off installation is authorized for fully vaccinated personnel.
 - h. All travelers will carry a physical or electronic copy of their vaccination card or other medical record of vaccine administration for verification on arrival.
 - i. The 7-day Installation ROM period starts upon arrival in Japan.
 - j. The individual must remain asymptomatic for the duration of the 7-day ROM period. If symptoms occur, the individual will self-isolate, and coordinate with the Medical COVID hotline (DSN 226-2082 option 1) or their chain of command.
4. **Unvaccinated:** All DoD uniformed personnel, members of the civilian component, and individuals arriving in Japan from another country that are not fully vaccinated (as defined above) will receive arrival testing at the international airport (spit test) or at the AMC terminal. Personnel that are not fully vaccinated shall travel directly to their domicile and remain there for a Residential ROM period of 7 days (168 hrs after arrival in the Japan). Exiting domicile for animal welfare is authorized during ROM. The following conditions apply during ROM:
- a. Public transportation is authorized, with a negative arrival test result, within the first 24 hours after arrival to allow travelers to arrive at their domicile. Strict COVID mitigation measures must be followed to include mask wear. After arrival to their final destination, public transportation is not authorized during the ROM period.
 - b. Travelers returning to Japan via commercial airport must wait for their entry test (Spit test) results at the airport before continuing on with any public transportation.
 - c. On or after day 3 of ROM individuals may take a viral COVID test and if the result is negative they may end ROM after day 3.
 - d. Asymptomatic individuals may exit ROM without a viral test after day 7 of ROM, with approval from their unit UTC. The individual must remain asymptomatic for the duration of the ROM period. If symptoms occur, the individual will self-isolate, and coordinate with the Medical COVID hotline (DSN 226-2082 option 1) or their chain of command.
 - e. The initial 7 day Residential ROM starts from the day of arrival at Misawa AB.
 - f. For those whose domicile is off-installation, they must remain either in their domicile or on Misawa AB, or travel in a direct route between the two in a POV/GOV (use of mass transit, is not authorized between domicile and installation).
 - g. Individuals ineligible for their initial series will be considered unvaccinated

***NOTE:** Travelers requiring residential ROM may elect to move into contingency housing for the ROM period (subject to availability). This ensures that any non-traveling household members may remain in their household without entering ROM status. Once the traveler enters Installation ROM, they may have contact with their household members.

5. **Recovered COVID-19 Positive Members (Post Isolation):** Those who have recovered from COVID-19 after a positive test within 90 days of arrival, completed their prescribed isolation, and remain symptom free will be on installation ROM for 3-days if “not up-to-date” or unvaccinated. If “up-to-date” vaccinated, no ROM would be required. ROM exit testing on or after day 3 is not required with approval from a CMA. The following procedures apply:
 - a. Previous results will be reviewed by a unit travel coordinator who has been designated in writing to perform this function or competent medical authority. All travelers will carry a physical or electronic copy of their appropriate documentation approved by a competent medical authority (CMA).
 - b. The individual must remain asymptomatic for the duration of the respective ROM period. If symptoms occur, the individual will coordinate with the base PHEO or competent medical authority and follow COVID-19 procedures for isolation/quarantine.
 - c. To be released from ROM after day 3, the member must be symptom free for the duration of the ROM period and contact the Wing COVID Cell at DSN 226-2082.
 - d. Members who have tested positive for COVID-19 within 90 days of arrival to Misawa AB are **exempt** from all COVID testing with exception to commercial travel entry tests (Spit test). If the member tests negative they can continue their travel as normal, if the member tests positive they will be transported to Yokota AB and follow the guidance of the CMA.
6. **New Inbound Personnel:** All unvaccinated members PCSing to Misawa from outside of Japan require Residential ROM. If housing arrangements and FMO furniture have been made by the sponsor, prior to arrival, personnel may complete ROM in their house or apartment. Airmen may reside in the dorms if they have a dorm room assigned and are able to remain segregated from other dorm residents for the duration of their ROM. If housing arrangements have not been made, you or your sponsor will need to reserve a contingency lodging room for your ROM at least 7 days prior to your arrival.
 - a. Email 35fss.fsvs.contingencylodging@us.af.mil with name, rank, unit, ROM status, dates requested for contingency lodging reservations.
 - b. Navy personnel will stay at the Navy Gateway Inns and Suites (NGIS). If the NGIS does not have vacancy, follow the instructions for the Air Force listed above.

**The notes above are not intended to be an exhaustive list. If there are questions about ROM status for situations that are not covered above, unit commanders will work with the COVID cell to determine ROM status of travelers and non-travelers.

ROM DEFINITIONS

1. **Residential ROM:** Residential ROM is the most restrictive ROM and limits personnel movement and interaction to personal domicile or ROM towers-
 - a. Residential ROM for members **begins the date and time of arrival to Misawa Air Base.**
 - b. Dorm residents or billeting residents for Navy may ROM in their single occupancy room.
 - (1) Dorm residents who share a bathroom will complete the duration of their ROM in Bldg 1935/1936/220 if feasible.
 - c. All individuals in Residential ROM while on the Misawa AB installation are allowed to walk an animal and complete physical activity (walk or run). Do not stop to talk to anyone or be a part of ANY gathering.
 - d. Individuals in Residential ROM with non-travelling household members will adhere to the following guidance:
 - (1) If household members are unvaccinated, they may stay with the traveler only if the traveler is fully vaccinated, otherwise they may not reside together without unvaccinated household members entering residential ROM for the duration of the traveler’s residential ROM period.
 - (2) Effort will be placed to ensure proper social distancing and mitigation measures are followed.
 - (3) Travelers requiring residential ROM may elect to move into contingency housing for the ROM period (subject to availability). This ensures that any non-traveling household members may remain in their household without entering ROM status. Once the traveler enters Installation ROM, they may have contact with their household members.
 - (4) Household members do not require a COVID test while residing with a member on residential ROM

- (5) If household member develops symptoms, they will self-isolate and contact Public Health.
- e. Units will coordinate with individuals in Residential and Working ROM to ensure they have necessary support to include food, water, personal hygiene items, cleaning supplies, etc.
 - f. If COVID-19 test results are negative, all individuals will be released from ROM at the completion of the prescribed ROM duration.
 - g. Exceptions to the above options may be granted on a case-by-case basis by the Public Health Emergency Officer (PHEO) after endorsement by the Unit Commander.
 - h. The member will adhere to the standards for Residential ROM within the “Notice of Residential ROM” provided to them in each ROM room. If the member is completing Residential ROM in their household, they will receive their “Notice of Residential ROM” from their UTC, and/or First Sergeant.
 - i. Individuals ineligible for their initial series will be considered unvaccinated
2. **Installation ROM:** Installation ROM allows for a lower degree of restriction on movement than a Working ROM and can be applied when risk considered is only moderately elevated. Installation ROM can be applied for travel from outside Japan as authorized by the Deputy Commander, USFJ. Installation ROM for travel within Japan can be authorized by the Naval Air Facility Commander for all Navy personnel and the Misawa Installation Commander for all other Misawa AB community members. Restrictions during an Installation ROM include:
- a. A restriction to base only in which the member cannot leave base but may otherwise assume the COVID-19 posture outlined in the “On Base Liberties” and the ‘Weekly Hot Spot Annex.’
 - b. The member will be permitted to utilize base facilities during the Installation ROM period.
3. **Working ROM:** A Working ROM is less restrictive than Residential ROM as the working member may travel to work and back to their residence as long as the conditions outlined below are followed. Authority to grant working ROM status for mission essential visitors not assigned to MAB and traveling from outside of Japan is delegated to the Deputy Commander, USFJ and further delegated to the 5AF/CD.⁽¹⁾ When warranted for travel within Japan, this authority is delegated to the Unit Commander.
- a. Working ROM procedures:
 - (1) Applicable to only employees of the U.S. government (e.g. DoD uniformed personnel, and members of the civilian component) assigned to Misawa AB.
 - (2) Proceed only to and from their place of work and their domicile via POV or GOV (use of mass transit, off installation is prohibited).
 - (3) Individuals should be in a separate work environment from Not ‘Up to Date’ and ‘Unvaccinated’ individuals to the max extent possible. In all instances, they will maintain social distancing.
 - (4) Shall not use dine in or take out options for the duration of the working ROM but may utilize food delivery services when contactless options are available.
 - (5) Individuals will remain separated from the general base population and will **not** leave their assigned work location to conduct morale, welfare, or administrative tasks (i.e. shopping at the exchange, travel claim processing, indoctrination briefings, housing appointments, etc.).
 - b. Additional Working ROM requirements
 - (1) For those whose domicile is off-installation, personnel must remain either in their domicile or on Misawa AB. Travel is authorized in a direct route between the two via POV/GOV. The use of mass transit, is not authorized between domicile and installation.
 - (2) For approved visitors not assigned to MAB, the sponsoring unit will take measures to reduce the risk of close contact with the working ROM member such as providing a private work space, providing separate tools, or supplying food, etc.
 - (3) All individuals in Working ROM while on the Misawa AB installation are allowed to walk an animal and complete physical activity (walk or run). Do not stop to talk to anyone or be a part of ANY gathering.
4. **Quarantine:** Quarantine is applied when an individual has a high-risk exposure to COVID-19 as an identified close contact of an individual known to be positive for COVID-19. Measures during Quarantine at MAB include:
- a. The member will remain within the quarantine location and will have no contact with members not on quarantine unless authorized by the PHEO or for urgent medical care.
 - b. The member will adhere to the standards for quarantine within the “Notice of Quarantine” provided by public health.

- c. Medical clearance from quarantine requires completing the prescribed quarantine period for the members vaccination status:
- (1) **'Up to Date' Vaccinated**– No quarantine will be required but a COVID test on day 5 must be accomplished. During the first 10-days member will practice the following 'additional safety measures':
 - I. Wear a mask while in public
 - II. Avoid social gatherings and social distance
 - III. Only be a part of essential activities
 - IV. Practice 'buy, don't shop' while at stores
 - V. Be mindful of COVID symptoms, and stay home if symptoms develop
 - (2) **Not 'Up to Date' Vaccinated or Unvaccinated**– Individuals will remain in their housing or domicile for a minimum of 5 days and obtain a COVID test on day 5. If negative and asymptomatic after 5 days, personnel will be restricted to base until completing 2 more days (total of 7 days) restricted on Misawa AB and practice 'additional safety measures' listed above for total of 10 days.
 - (3) **Recovered COVID-19 Positive Members within 90 days (Post Isolation)** - No quarantine or COVID test is required. Individuals will practice 'additional safety measures' listed above for total of 10 days.
- d. The PHEO or Installation Commander may alter quarantine requirements.
- e. If a positive COVID-19 laboratory test result is received on day 5, the member will transition to isolation.
- f. Individuals in Quarantine with household members not on quarantine will adhere to the following guidance:
- (1) If Household members are fully vaccinated, they may reside with the quarantine member as long as efforts are made to adhere to quarantine restrictions on contact listed above. Household members will enter installation ROM for the duration of the quarantine.
 - (2) Effort will be placed to ensure proper social distancing and mitigation measures are followed.
 - (3) Those requiring quarantine may still elect to move into contingency housing for the quarantine period.
 - (4) Household members do not require a COVID test while residing with a quarantine member
 - (5) If household member develops symptoms, they will self-isolate and contact Public Health.
- g. JSDF personnel, LN employees, non-SOFA-status contractors, and visitors to U.S. facilities and areas who have been in close, personal contact with a person suspected of COVID-19 (or with someone diagnosed with COVID-19) will be denied access to all U.S. facilities and areas until cleared by competent U.S. medical authorities. These personnel will follow applicable GoJ guidance regarding quarantine protocols JSDF personnel who reside on a U.S. facility and area must either remain off the installation or in their quarters on the installation, e.g., dorm room.
5. **Isolation:** Isolation is applied when an individual has a known positive test for COVID-19. Measures during Isolation include:
- a. Positive members will isolate for at least 5 days in their own domicile or Bldg 1935/1936 followed by 2 days of additional installation ROM unless otherwise approved by the PHEO or CMA.
 - b. To leave isolation after day 5, infected individuals must be free of fever without using fever-reducing medications for the 24 hours prior to release and symptoms must be improving and have approval of the 35th Medical Group.
 - c. To be released from restriction to installation, infected individuals must have remained fever-free since release from isolation, developed no new or worsening symptoms, and any remaining symptoms must be improving. If these criteria are not met after day 7, restriction to installation will be extended until criteria are met or until a full 10 days have elapsed since start of symptoms or positive COVID-19 test result.
 - (1) COVID-19 positive members will be able to isolate in their own domicile as long as the following conditions are met:
 - I. Isolated individual can maintain effective social distancing with other household members through use of a separate bedroom and bathroom and avoidance of use of shared spaces.
 - II. Family members choosing to reside in the same residence but isolated from an isolated individual agree to go into residential quarantine for the duration of the isolation period, with a required COVID test on day 5. Note: Unit leadership approval required. All individuals release will be delayed until the COVID tests are confirmed to be negative.
 - a. Those who are recovered COVID positive within 90 days may reside with a current COVID positive member, but will go into installation ROM for the duration of the current positive's isolation.
 - III. The domicile is not a dormitory with a shared bathroom.

- d. The member will remain in their isolation room and will have no physical contact with members not on isolation unless authorized by the PHEO or for urgent medical care.
 - (1) If an individual in isolation is required to lodge with a member who is not on isolation status without isolating in a separate part of the residence, such as may occur for a minor child who requires care, then a quarantine period will be required for the individual not on isolation after completion of the initial isolation period as determined by 35th Medical Group Public Health.
 - e. With permission from the 35th Medical Group COVID Cell, positive members may initially self-transport to the isolation towers.
 - (1) At no point will the member make any stops on their way to the isolation towers
 - (2) The vehicle used for self-transport to the isolation tower may be picked up from the parking lot after 72 hours has passed or after 24 hours has passed if a thorough sanitizing of the vehicle has been conducted.
 - f. The member will adhere to the standards for isolation within the “Notice of Isolation”, which can be found at the end of this Directive.
 - g. Only the 35th Medical Group in coordination with the Public Health Emergency Officer may release a member on isolation status.
 - h. Members who isolated in the contingency lodging towers and have released from Isolation by the 35th Medical Group can check out of the room by conducting the following.
 - (1) Scan the QR code on the door for an out processing check list.
 - (2) Clean up after themselves and disinfect the room to the best of their ability.
 - (3) Check out of the room using the QR code and send an email to 35fss.fsvs.contingencylodging@us.af.mil with your name, unit, contact information, time and date of check out.
 - i. All travelers in isolation status leaving or entering the Japan AOR must complete the applicable isolation prior to departure.
 - j. The use of public transportation to include the Patriot Express is not authorized for the full 10 days from the start of symptoms or positive COVID-19 test result.
 - k. JSDF personnel, LN employees, and visitors to U.S. facilities and areas suspected of or diagnosed with COVID-19 will be denied access to all U.S. facilities and areas until cleared by competent medical authorities. These personnel will follow applicable GoJ guidance regarding isolation protocols. JSDF personnel who reside on a U.S. facility and area must remain either off the installation or in their quarters on the installation, e.g., dorm room.
6. **Self-Isolation:** Self-Isolation will be applied when a member is deemed to be at high risk for infection with COVID-19 but contact tracing and/or testing for COVID-19 has not yet been completed. This may occur for newly recognized close contacts of a known, COVID-19 positive individual or for an individual with symptoms concerning for COVID-19. Measures during self-isolation include:
- a. The member will remain within their individual domicile unless otherwise approved by the PHEO or as required to obtain COVID testing or seek urgent medical care.
 - b. The member will avoid close contact with all other individuals to include existing contacts and family members.
 - c. The member will utilize a separate bedroom and bathroom from others within the same household during the period of self-isolation.
 - d. The member will adhere to the standards for isolation within the “Notice of Self-Isolation” briefing from Public Health.
 - e. Members on self-isolation due to a high risk of exposure to COVID-19 will transition to quarantine if a negative COVID-19 when a negative test has been obtained.
 - f. Members on self-isolation found to have a positive COVID-19 test will transition to isolation.

COVID TESTING AND RESULTS

- 1. COVID Testing for personnel departing MAB or command/medical directed.
 - b. 35 MDG Tunnel operations drive-thru
 - (1) MDG Tunnel hours of operation can be found on the 35th Medical Group Facebook page
- 2. COVID-19 Test results may be located by the member utilizing Tricare Online:
 - a. <https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>
 Login (DS or DFAS myPay username/password or CAC) → click “Health Record” → “Laboratory Results”

- b. Travelers not on the Patriot Express may acquire results from the tunnel operations drive-thru (hours of operation can be found on the 35 MDG Facebook page).
 - c. 35 MDG COVID team will bring results to Patriot Express flights
3. Pre-departure COVID Testing requirements **to the United States**⁽¹⁾
- a. MIL AIR (to include Patriot Express) – All travelers regardless of vaccination status will receive a COVID test prior to travel, except for those under the age of two and for those who have documentation of recovery from a previous COVID infection within 90 days of travel.
 - (1) Official Travel - Test 3 days prior to travel
 - (2) Unofficial Travel - Test 1 day prior to travel
 - b. Commercial – All travelers regardless of vaccination status will receive a COVID test prior to travel, except for those under the age of two and for those who have documentation of recovery from a previous COVID infection within 90 days of travel. Travelers are encouraged to confirm testing requirements with their airline prior to testing/departure.
 - (1) Official Travel - Test 1 day prior to travel
 - (2) Unofficial Travel - Test 1 day prior to travel
 - c. For travelers exiting quarantine status, the pre-travel test on day 1 or 3 (MILAIR) or 1 day (COMAIR) of travel must be on or after day 5 (MILAIR) or must be on or after day 7 (COMAIR) of quarantine otherwise an additional test will be required for travel.
4. Pre-departure COVID Testing requirements **entering Japan**⁽¹⁾
- a. MIL AIR (to include Patriot Express) – All travelers, regardless of vaccination status, will receive a COVID test prior to travel, except for those under the age of two and for those who have documentation of recovery from a previous COVID infection within 90 days of travel.
 - (1) Official Travel - Test within the 72hrs prior to departure of international leg of travel
 - (2) Unofficial Travel - Test within the 72hrs prior to departure of international leg of travel
 - b. Commercial – All travelers regardless of vaccination status will receive a COVID test prior to travel, except for those under the age of two and for those who have documentation of recovery from a previous COVID infection within 90 days of travel.
 - (1) Official Travel - Test within the 72hrs prior to departure of international leg of travel
 - (2) Unofficial Travel - Test within the 72hrs prior to departure of international leg of travel
 - c. Travelers returning to Japan via commercial airport must wait for their entry test (Spit test) results at the airport before continuing on with any public transportation.
 - d. For travelers exiting quarantine status, the testing within 3 days of travel must be on or after day 7 of quarantine otherwise an additional test will be required for travel.
5. Arrivals via Mil-Air and the Patriot Express (PE) will test within 1 day of arrival at their final destination and are restricted to their residence until they receive a negative test result.
- a. Arrivals from the Patriot Express who are 2 years of age or older will receive testing by MDG COVID Cell at the PAX terminal.
 - b. Arrivals into Tokyo will receive testing from the required airport 'spit test'.
6. Active duty members, civilian employees, and contractors with credentialed recurring access who are not fully vaccinated require weekly, self-administered, supervised COVID testing coordinated through their unit or sponsoring organization in accordance with the DAF Mandatory COVID-19 Vaccination Guide.
7. Official visitors must complete the DD3150 and if not fully vaccinated will require a COVID-19 test within 72 hours of access to DoD buildings on MAB in accordance with the DAF Mandatory COVID-19 Vaccination Guide.
8. Members, flying MILAIR or Patriot Express to Japan, who are fully vaccinated or age 5 and under, and unable to receive a COVID-19 test within 3 days of their travel, may request an ETP from the first O-6 in their chain of command.
- a. The ETP must identify the travelers unable to test and the reason a test was not possible. If an ETP is granted, member is restricted to their destination domicile or residence until in receipt of the first negative COVID-19 test. Individuals will then comply with the remainder of their ROM in accordance with this order.

NOTE: New arrivals into Japan will minimize contact with base personnel until receipt of a negative Japan entry COVID test

TRANSIENT AIRCREW

These measures are intended to minimize the risk to mission and personnel associated with transient aircrew operations at Misawa AB regardless of aircraft origination, destination, or nationality. The term transient aircrew also applies to associated support personnel (i.e. maintenance members). All transient aircrew operating on Misawa AB will follow the measures contained below.

1. **Command and Control:** All transient flights arriving to Misawa AB (ICAO: RJSM) will contact Misawa Command Post (35 FW/CP), 30 minutes prior to arrival and report if any crew, cabin attendants, or passengers are exhibiting symptoms of respiratory illness and/or fever.
 - a. If 35 FW/CP is notified of an ill individual on the plane, they will request an ambulance to be dispatched to the plane and notify Public Health.
 - b. Passengers/aircrew will not deplane. The ill individual will be triaged by a medic. No individuals other than medical will be allowed to board the aircraft until released by the PHEO. The PHEO will determine disposition of the passengers/aircrew (e.g. quarantine vs. self-observation) and when they are medically cleared to deplane.
 - c. If symptoms are not present, all arriving aircrew that will disembark and remain overnight, regardless of origin, must contact the 35 FW/CP Commercial: 0176-77-3500 or DSN 315-226-3500. The aircraft commander or designated crew member will report to 35 FW/CP to receive and sign acknowledgment of this memorandum and brief all their members.
2. **Medical Screening:** All outbound crews will be screened by a member of the 35th Medical Group, including a questionnaire and temperature check. Medical personnel will provide further guidance if any aircrew member presents symptoms of COVID-19.
3. **ROM Status:**
 - a. Not 'Up to Date' and 'Unvaccinated' transient aircrew members will be In Working ROM.
 - b. 'Up to Date' vaccinated transient aircrew members will be in Installation ROM.
 - c. Personnel arriving to Misawa from within Japan and have been physically within Japan's borders for at least 7 days prior to arriving at Misawa and traveling via military aircraft ("Gray-Tail Travel") will not be subject to ROM.
 - (1) If they are coming from a HPCON Charlie or higher location from within Japan, Command Post will call the COVID Support Cell DSN 315-226-2082 to determine their ROM requirements.
 - (2) If they are coming from a HPCON Bravo or lower from within Japan, they will not be restricted from using base facilities.
4. **Transportation:** 35th Logistics Readiness Squadron will provide buses for dedicated transient aircrew movement (28-passenger and 44-passenger buses as required).
 - a. Vehicles are cleaned after each crew run, and the first two rows are roped off for social distancing. Vehicle operators will not remain onboard during crew loading/unloading.⁽⁴⁾
 - b. Ground Transportation will only transport aircrew between the aircraft, Command Post, Base Operations, and lodging and for food as needed to ensure mission completion. No other stops are authorized.
5. **Lodging:** Transient aircrew will be billeted on base at Misawa Inn to the fullest extent possible.
 - a. 'Unvaccinated' transient aircrew will not enter Misawa Inn front desk lobby in an effort to avoid exposure to lodging staff. If members require items, they are to call the Front Desk first. The transient Aircraft Commander or any 'Up to Date' vaccinated aircrew member may pick up and drop off required items on behalf of the entire crew. Lodging ATM will not be utilized by unvaccinated personnel.
 - b. If lodging was not coordinated prior to arrival, reservations will be accomplished at the Command Post after the Mission Commander briefing.
6. The sponsoring unit for TDY members will ensure the member's health and welfare are taken care of (meals, hygiene items, etc.,) as well as ensuring TDY members understand the Misawa COVID-19 policy and directives.
7. **Food Support:** Due to the heightened risk of spreading COVID-19, food options are limited.
 - a. Unvaccinated crewmembers are restricted to drive-thru and contactless delivery only via AAFES food outlets on base.
 - b. Flight meals are also available for order through the DFAC at 226-2966 (DFAC open 24 hrs). Provide a minimum of 4-hour notice for orders of 5 flight meals or less, and 24-hour notice for orders of 6 flight meals or more. Food pick up will be coordinated with LRS to occur during the aircrew's pick-up from the aircraft to Command Post and Lodging.
8. If you have any questions or need additional guidance, please contact: 35 FW/CP: DSN 315-226-3500, 35 FW COVID Support Cell: DSN 315-226-2082; 35 LRS Ground Transportation Operations Center: DSN 315-226-3328.

REFERENCES

- (1) [USFJ Force Health Protection Order 22-002 FRAGO 003 \(27 Apr 2022\)](#)
- (2) [Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance \(4 Apr 2022\)](#)
- (3) [U.S. Indo-Pacific Command Force Health Protection Guidance Supplement 14 \(06 Jan 2021\)](#)
- (4) [CDC COVID-19 Guidance for Cleaning and Disinfection for Non-emergency Transport Vehicles \(14 Apr 2020\)](#)



MISAWA AIR BASE PREDEPARTURE COVID-19 TRAVELER'S RISK BRIEFING	
PART I. INSTRUCTIONS	
<p>a. Unit Commanders must ensure that military personnel assigned to Misawa Air Base are briefed on precautionary measures to prevent the spread of COVID-19, prior to departure for travel within or outside of Japan.</p> <p>b. The Unit Commander, first sergeant, flight commander, or immediate supervisor will conduct this briefing.</p> <p>c. Briefers MUST go over the following information listed under Part II, with their member. For additional information, please reference: https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html or have the member contact the Public Health at 226-6116.</p> <p>d. Part IV, "Statement of Understanding," will be completed and signed by both the departing member and by the Unit Commander, first sergeant, flight commander, or immediate supervisor for approval prior to member's departure.</p> <p>e. As proof of documentation, the unit must maintain a signed copy of this briefing form until further direction from the installation commander.</p>	
PART II. BRIEFING GUIDE	
<p>The Centers for Disease Control and Prevention (CDC) lists Japan at a "Level _____" Please reference: https://wwwnc.cdc.gov/travel/destinations/traveler/none/japan?s_cid=ncezid-dgmg-travel-single-001 The virus is spread from person-to-person and symptoms include fever, cough, chills, shortness of breath, and sudden loss of taste or smell. Monitor your health daily; be alert for symptoms and if possible, bring a thermometer with you. The best way to prevent the spread of COVID-19 is to always practice prevention measures.</p> <ol style="list-style-type: none"> 1. During travel, always wear a mask when out in public especially on public transit, except when eating and drinking. Wash your hands often. Lather hands with soap for 20 seconds, rinse with warm water. Sanitize with >60% alcohol sanitizer after washing or if soap/water is not available. Pack hand sanitizer and use often, especially after touching commonly touched surfaces. 2. Avoid touching your eyes, nose, and mouth. Always cover your cough and sneeze with a tissue then immediately throw it away or use your inner elbow if no tissues are available. 3. Avoid touching any public surfaces. When this is unavoidable (e.g., using a check-in kiosk, entering a PIN on a credit card readers, fastening a seatbelt, using the restroom, etc.) wash hands or use hand sanitizer immediately. 4. Maintain physical distancing (at least 6 feet) from others at all times, except when passing momentarily. If unable to maintain at least 6 feet of distance from another person (for example, when seated on an aircraft, bus, or train), avoid physical contact and document the occurrence, including the amount of time within 6 feet, whether the other person was wearing a mask, and whether the other person exhibited any symptoms of illness (for example, cough). 5. COVID-19 mainly spreads from person to person but it can occasionally be left behind on objects and surfaces. If you touch something contaminated and then touch your face or someone else's face, you might fall ill. Protect yourself while shopping and use disinfecting wipes if available. 6. If at any time during your travel, you or your dependents develop symptoms related to COVID-19, DO NOT go out in public. Seek medical attention by using a telephone first. Follow their instructions and notify someone in your chain of command immediately. 	
PART III. REVIEW	
<p>Commanders will review Restricted Area of Japan (map), Off-Base Liberties, Leave & Pass, Functions On or Off Base, and determine the risk and if additional mitigating measures are needed.</p>	
PART IV. STATEMENT OF UNDERSTANDING	
<p>I, (Rank/First & Last Name) _____, have been briefed by my (circle one of the following: Unit Commander, First Sergeant, Flight Commander, or immediate supervisor), on the COVID-19 related risks with traveling.</p> <p>I fully understand the intent of this briefing and have addressed all my concerns with my briefer. If at any time during my travels, I develop symptoms related to COVID-19 or suspect possible infection, I will NOT go out in public; I will seek medical attention by telephone first; and I will contact someone in my chain of command immediately. I have been instructed to review and abide by all COVID-19 Leave and Pass directives.</p>	
<p>PRINT FIRST NAME/LAST NAME, GRADE AND ORGANIZATION OF INDIVIDUAL BRIEFED</p>	
<p>DATE BRIEFED</p>	<p>SIGNATURE OF INDIVIDUAL BRIEFED</p>
<p>BRIEFED AND REVIEWED BY: PRINT FIRST NAME/LAST NAME, GRADE, AND DUTY TITLE</p>	
<p>SIGNATURE OF BRIEFER</p>	



FOR OFFICAL USE ONLY

DEPARTMENT OF THE AIR FORCE
35TH FIGHTER WING (PACAF)
MISAWA AIR BASE, JAPAN

MEMORANDUM FOR ALL TDY PERSONNEL TO MISAWA AB

FROM: 35 FW/PHEO

SUBJECT: Pre-Arrival Health Screening

1. The 35th Medical Group is currently following the Centers for Disease Control and Prevention Risk Assessment and Decision Making guidance for the 2019 Coronavirus.

2. In an effort to prevent potential spread of this virus on Misawa AB (MAB), the Public Health flight will perform a Pre-Arrival Health Screening of Temporary Duty (TDY) personnel projected to operate on Misawa AB from outside the local area (Tohoku Region). This information is collected to guide 35th Fighter Wing leadership team in making a risk based decision when granting Exception to Policies.

3. Pre-arrival health screening questions:

A. TRAVELER INFORMATION

Name (Last, First Name, Middle Initial): Rank/Grade:

DoD ID Number: Date of Birth:

Contact info: Assigned Unit, Installation:

Current residence (circle one): on base / off-base Mode of travel to MAB:

Sponsoring Unit on MAB: Dates of operation on MAB:

B. HEALTH HISTORY

Have you been recently diagnosed with COVID-19? Yes No

Have you been exposed to anyone with or suspected of having COVID-19 in the last 14 days? Yes No

Have you travelled outside of Japan in the last 14 days? Yes No (If yes where and when:)

Have you received the COVID-19 Vaccine? YES NO DECLINE

BRAND (circle one) Pfizer Moderna J&J Other

DATE OF "FULL VACCINATION STATUS" (two weeks after last shot)

Are you within six-months of being fully vaccinated? YES NO DECLINE

Have you received the COVID-19 Vaccine Booster YES DATE NO DECLINE TO RESPOND

Note: Failure to disclose vaccination status will categorize you based on the extent of your disclosure.

In the last 14 days, have you experienced any of the following symptoms?

Fever or Chills Shortness of breath Sore Throat Headache Cough Muscle Pain Fatigue New loss of smell/taste Yes No Yes No Yes No Yes No Yes No Yes No Yes No

4. If you have any questions or concerns regarding this pre-arrival health screening, contact Public Health at 226-6116.

////SIGNED////

KEVIN ALFORD, Lt Col, USAF, MC, FS
35th Fighter Wing Public Health Emergency Officer

“The information herein is For Official Use Only (FOUO) which must be protected under the Freedom of Information Act of 1966 and Privacy Act of 1974, as amended. Unauthorized disclosure or misuse of this PERSONAL INFORMATION may result in criminal and/or civil penalties”

NOTICE OF RESIDENTIAL ROM

Residential ROM period is 7 days (can be released early with a negative COVID test on day 3 or later)

DO NOT LEAVE your assigned quarters while in Residential ROM except in case of a medical emergency or fire in the domicile. No visitors are allowed. If you are caught outside your domicile during Residential Rom, you will be reported your unit leadership. You may exit your domicile to walk an animal or complete physical activity (Walk or Run). Day 1 starts the day after arrival to Misawa AB. Make sure you notify your unit and MDG Covid Cell if you are experiencing symptoms, Please call 0176-77-2082 (option 1). Your first sergeant or Unit Travel Coordinator will notify you of release from ROM.

WHAT TO DO IF I'M SICK

Do NOT go to the URGENT CARE CLINIC!
You are required to contact medical personnel once you experience any signs or symptoms.



DSN: 315-226-2082 (option 1)

COMM: 0176-77-2082 (option 1)

COVID-19 SYMPTOMS:

- Fever
- Chills
- Muscle ache
- Headache
- Diarrhea
- Sore throat
- Loss of taste/smell
- Cough
- Difficulty breathing
- Shortness of breath

Individuals in Residential ROM, QUARANTINE, OR ISOLATION will post a Increased Health Risk Sign on their door. The sign can be found in the MAB Directive.

Food Delivery options

You may also order takeout for delivery from restaurants on the installation. Orders will be delivered straight to your door from the respective dining service.

Visit: www.aafesprem.imenu360.com/mainland-Japan.html to order.



You can coordinate through unit to purchase any items from Misawa exchange and Commissary.

NURSE ADVICE LINE

011-888-901-7144 (US)

0120-99-6985 (JP)



A Chaplain is available. 24/7 at 315-226-4630 or Command Post 315-226-3500

A Military and Family Life Counselor (MFLC) is available during normal duty hours. MFLC: 315-226-2147

TRICARE members may view test results online.

<https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>

[desktopIndex.xhtml](https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml)

Login (DS or DFAS myPay
username/password or CAC)

click iHealth Recordw iLaboratory Resultsw



<https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>

CALLING A DSN FROM JAPAN CELL: START WITH 0176-77+LAST 4 DIGITS OF THE DSN LINE

NOTICE OF QUARANTINE

USFJ Quarantine period is 5 days for 'not-up-to-date' or unvaccinated

After 5-days of quarantine, members will be on installation ROM for 2-days, then 3-days of 'additional safety measures' **DO NOT LEAVE** your assigned quarters while in Quarantine except in case of a medical emergency or fire in the domicile. No visitors are allowed. If you are caught outside your domicile during Quarantine, you will be reported your unit leadership. You may exit your domicile to walk an animal or complete physical activity (Walk or Run). Day 1 starts the day after last exposure to positive.

Make sure you notify your unit and MDG Covid Cell if you are experiencing symptoms, Please call 0176-77-2082 (option 1). Release from QUARANTINE to installation ROM requires DAY 5 TEST with a NEGATIVE TEST RESULT.

WHAT TO DO IF I'M SICK

Do NOT go to the URGENT CARE CLINIC!
You are required to contact medical personnel once you experience any signs or symptoms.



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- Sore throat
- Loss of taste/smell
- Cough
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- Shortness of breath



During QUARANTINE, No face to face contact will be allowed with anyone outside of MDG personnel.

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Food Delivery options

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Login (DS or DFAS myPay
username/password or CAC)

click iHealth Recordw iLaboratory Resultsw



<https://www.tricareonline.com/tol2/prelogin/desktopIndex.xhtml>

CALLING A DSN FROM JAPAN CELL: START WITH 0176-77+LAST 4 DIGITS OF THE DSN LINE

NOTICE OF ISOLATION

USFJ Isolation period is 10 full days for those symptomatic or 7 full days for those asymptomatic.

DO NOT LEAVE your assigned quarters while in **ISOLATION** except in case of a medical emergency or fire in the domicile. No visitors are allowed. If you are caught outside your domicile during isolation, you will be reported your unit leadership. The MDG COVID Cell will assess isolated personnel at the end of Isolation period. Please call 0176-77-2082 (option 1) if you are feeling symptoms. Medical clearance from isolation requires 7 or 10 days and approval from the delegated 35 MDG COVID Cell provider unless otherwise approved by the PHEO or Installation Commander.

WHAT TO DO IF I'M SICK

Do NOT go to the URGENT CARE CLINIC!
You are required to contact medical personnel once you experience any signs or symptoms.



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COMM: 0176-77-2082 (option 1)

COVID-19 SYMPTOMS:

- Fever
- Chills
- Muscle ache
- Headache
- Diarrhea
- Sore throat
- Loss of taste/smell
- Cough
- Difficulty breathing
- Shortness of breath



During ISOLATION, No face to face contact will be allowed with anyone outside of medical personnel.

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Food Delivery options

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LIMITED SOCIAL CONTACT ZONE



接触制限区域



MASKS REQUIRED

マスク着用必須

SOCIAL DISTANCING REQUIRED

ソーシャルディスタンス確保

LEAVE DELIVERIES AT DOOR

荷物はドアの前に

